

# Weird Teeth Facts

- ✓ You'll get two sets of teeth in your life.
- ✓ Baby teeth are already in your mouth when you're born, but they don't appear for a while.
- ✓ Baby teeth break through your gums from six to eight months and you'll have 20 by the time you're three.
- ✓ When you're around five or six, your baby teeth get loose and start to fall out as your permanent teeth grow through and push them out of the way. Sounds gross, but it's quite exciting!
- ✓ As you grow bigger, there's more room in your mouth for more teeth. Most people have 28 permanent teeth by the age of 12 or 14.
- ✓ You're not done yet! You'll probably grow another four teeth, called wisdom teeth, in the back of your mouth when you're between 17 and 25 years old.
- ✓ Adult teeth are strong. Tooth enamel is the hardest substance in your body; harder than bones and nails.
- ✓ Bones and nails can heal when broken but teeth can't. So, you need to brush and floss your teeth to keep them healthy, and wear a mouthguard when playing sport to protect them.

This is what it looks like inside a typical 7-year old's mouth.



*Image: [www.ortodoncia.ws](http://www.ortodoncia.ws), CC BY-SA 3.0, via Wikimedia Commons.*